

**Sara Ohgushi, N.D.**  
**2207 NE Broadway, Suite 200, Portland, OR 97232**  
**Phone 503-236-6006 FAX 503-232-3436**

**Request and Authorization to Release Medical Information**

**I:** \_\_\_\_\_ **Authorize:** \_\_\_\_\_  
Patient's name Name of health care provider or hospital

\_\_\_\_\_  
Social Security # DOB Address

\_\_\_\_\_  
Address Phone City State Zip code

\_\_\_\_\_  
City State Zip code Phone #

\_\_\_\_\_  
Fax #

**to release a copy of my medical information to:**

**Sara Ohgushi, N.D.**  
2207 NE Broadway, Suite 200  
Portland, OR 97232

By initialing the spaces below, I specifically authorize the release of the following medical records, if such records exist:

\_\_\_ Health records including chart notes: \_\_\_ all dates OR since \_\_\_\_\_ (date)

\_\_\_ Lab results

\_\_\_ Imaging reports

\_\_\_ HIV/AIDS related records (must be initialed to be included with other documents)

\_\_\_ Mental Health records (must be initialed to be included with other documents)

I understand that this authorization is valid for SIX months from the date of signing unless revoked in writing earlier. The only exception is when the action has already occurred as instructed in the consent.

**X** \_\_\_\_\_  
Signature of patient or person authorized by law Date Relationship to Patient